

Julia A. Matalon

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EDUCATION

Michigan State University

Lyman Briggs College

Honors College

Lansing, MI

May 2023

GPA: 4.00/4.00

- Candidate for a Bachelor of Science degree in Human Biology
- Candidate for a minor in Spanish
- Honor's Program: Dean's List: 4 semesters
- Member-Alpha Epsilon Delta Pre-Professional Society
- Vice President-Honors College Activities Board
- Social Chair-Project LETS

Mountain Lakes High School

Mountain Lakes, NJ

June 2019

GPA: 4.225/4.507

- National Honor Society: Executive Member
- La Société Honoraire de Français
- French Club: 2018-19 President, Mural Designer & Director
- Girls Softball Team: 3 years / 2018-19 Team Captain
- Girls Swim Team: 3 years / Division State Champions 2016 – 2018 / 2018-19 Team Captain

EXPERIENCE

Sportscare Physical Therapy

Physical Therapy Aide

Mountain Lakes, NJ

September 2020-Present

- Prepare treatment area for patient as directed by the physical therapists.
- Effectively guide patients through exercise flowsheets and demonstrate exercises as needed.
- Maintain patient confidence and privacy by following HIPPA protocols.
- Maintain facility cleanliness in all areas of the clinic.
- Communication with the physical therapist regarding the exercise flowsheet and home exercise program.

Howling Woods Farm

Part-time Wolf Reserve Volunteer

Jackson, NJ

2014 – present

- Assist caretakers with dietary maintenance of wolfdogs.
- Shadow tour guides during scheduled visits.
- Maintain gift shop merchandise and assist customers.

Buddy System

Volunteer Tutor

Mountain Lakes, NJ

June 2020 – June 2021

- Help children grades K-8 with school subjects such as English and math.
- Reinforce previously learned subjects and provide 1-on-1 tutoring virtually.
- Provide effective and comprehensive solutions to improve the child's understanding.

Rockaway River Country Club

Denville, NJ: Summer 2017 & 2018

Mountain Lakes Club

Mountain Lakes, NJ: Summer 2017

Part-time Lifeguard / Swim Instructor

- Supervise guest activity at swim facility daily and enforce rules if necessary.
- Provide on-demand emergency response to accidental guest incidents.
- Greet and review arriving guests per private club membership rules.

CERTIFICATIONS/SKILLS

Girl Scouts of America Lifetime Member

2005 – present

Chung Do Kwan Black Belt

2012 – present

Software: R-studio, Microsoft Office

American Red Cross Certified Lifeguard

2017 – 2020

First Aid / CPR / AED / Waterfront Skills